



MAY LONG COURSE OPEN MEET 2022

SESSION TIMES

Session times are estimates only and are meant as a rough guide

Date	Session	Warm-up Time	Start Time	Estimated Finish Time
Friday 6th May	1	7.55am	9.00am	11.35am
	2	11.45am	12.45pm	3.22pm
	3	3.45pm	4.45pm	5.43pm
Saturday 7th May	4	7.55am	9.00am	11.58am
	5	12.15pm	1.15pm	4.56pm
	6	5.00pm	6.00pm	6.51pm
Sunday 8th May	7	7.55am	9.00am	12.02pm
	8	12.15pm	1.15pm	4.48pm
	9	5.00pm	6.00pm	7.00pm

****SWIMMERS MUST SIGN IN FOR 400M, 800M & 1500M EVENTS**