



SPRING LONG COURSE OPEN MEET 2022

SESSION TIMES

Session times are estimates only and are meant as a rough guide

| Date | Session | Warm-up Time | Start Time | Estimated Finish Time |
|---------------------|---------|--------------|------------|-----------------------|
| Saturday 12th March | 1 | 8.00am | 8.30am | 10.03am |
| | 2 | 10.15am | 11.15am | 2.21pm |
| | 3 | 2.45pm | 3.45pm | 6.41pm |
| Sunday 13th March | 4 | 8.00am | 8.30am | 10.03am |
| | 5 | 10.15am | 11.15am | 2.09pm |
| | 6 | 2.15pm | 3.15pm | 6.00pm |

****There is NO signing in for any events.**

It is the swimmers responsibility to report to marshalling for their event at least 15 minutes prior to their event.