



City of Cardiff swimming club
clwb nofio Dinas Caerdydd

City of Cardiff Swimming Club

Clwb Nofio Dinas Caerdydd

TIGER · BAY · OPEN · MEET 20
LONG COURSE LEVEL 3 MEET 22



Saturday 19th Sunday 20th March 2022



event information | session times to be confirmed



NOFIO CYMRU
SWIM WALES

Licence Number: WL220039

(Under FINA Technical Rules & Swim Wales Laws)

REMEMBERING | KEITH BEWLEY



City of Cardiff Swimming Club

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CITY OF CARDIFF SWIMMING CLUB

11th TIGER BAY OPEN MEET 2022

LICENCE NUMBER 3WL220039
(Under FINA Technical Rules and Swim Wales Laws)

Saturday 19th Sunday 20th March 2022

This is a Level 3 Licenced Meet to enable athletes to achieve times suitable for entry into Regional, County Championships & Level 1 Meets.

Only electronic entries will be accepted for this meet

VENUE POOL Cardiff International Pool, Olympian Drive, Cardiff, CF11 0JS
10 Lane 50m pool | Omega electronic timing | anti-turbulence lane ropes

AGE GROUPS OPEN MC/Para Swimmers
Boys + Girls 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & over

AGE AT DATE 20 March 2022 | Minimum age for entry is 9 years

EVENTS (HDW Heat Declared Winner)

HDW	50m	Backstroke Breaststroke Butterfly Freestyle	- All Age Groups + MC
HDW	100m	Backstroke Breaststroke Butterfly Freestyle	- All Age Groups + MC
HDW	200m	Backstroke Breaststroke Butterfly	- All Age Groups
HDW	200m	Freestyle	- All Age Groups + MC
HDW	400m	Freestyle	- All Age Groups +MC
HDW	200m	Individual Medley	- All Age Groups +MC
HDW	400m	Individual Medley	- 12yrs & Over
HDW	800m	Freestyle	- 12yrs & Over
HDW	1500m	Freestyle	- 12yrs & Over

Officials & Poolside Volunteering

In order to be able to use all 10 lanes CoCardiff require parents from all participating clubs to volunteer to be timekeepers and qualified officials at this gala. Please contact Jim McCulloch, our Officials co-ordinator.

ACCESS SWIM MEET: <https://www.swim-meet.com/Availability/>

SELECT THIS MEET TO REGISTER YOUR AVAILABILITY

The meet will be delivered in line with local and current Government restrictions along with Swim Wales & Legacy Leisure guidance and risk assessment. Including any limitations on capacity and entry allocations. This means that races may be limited, moved to different sessions or spaces capped. Please remain flexible in case of changes made to the weekend. Covid 19 protocols will be implemented and are detailed below.



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PROMOTER'S CONDITIONS

COVID 19 PROTOCOLS

Additional requirements as detailed by Welsh Government; Swim Wales & Legacy Leisure may be operated during the gala.

These may include:

- requesting all swimmers, coaches, officials, volunteers and spectators to provide a negative lateral flow test before entering the competition pool accessed via the car park end fire escape.
- Masks still to be worn inside.
- Swimmers to sit in designated seating & arrive "beach ready".

Full details to be supplied with the confirmed entries.

AWARDS

Medals will be given to the first 3 places in each age category.

Additional awards will be made to the Top Visiting Club, Top Boy/Top Girl and Top Male/Top Female Para Swimmer, based upon accumulated/para swimming points.

Any swimmer finishing in a time faster than that set by the **UPPER CUT OFF TIME** will be issued with a 'speeding medal' instead. They will not receive any points in that event towards the Top Male/Female and Top Visiting Club award.

Medals and 'speeding medals' will only be available on the day and can be collected from the medal table on poolside.

Swimmers must ensure that they are suitably clothed (t-shirt and shorts) when receiving awards.

ENTRIES

Upper Cut Off Times will be applied to all events with all entry times being slower than or equal to the UCT. No Times (NT) are acceptable.

Entry Times must have been obtained at a licenced meet, and random checks will be made against the ASA Online Rankings Database. City of Cardiff Swimming Club may request validation of any stated entry time.

If swimmers are found to have entered the meet with any false or made-up times, they will be disqualified from all events that they have entered and their entry fees will be forfeited.

Entry times may be submitted as short course or long course times using the Hy-Tek entry file but will be converted to long course times using Hy-Tek's Meet Manager software. Estimated times are not permitted.

The electronic event entry file can be obtained from the Tiger Bay Open Meet page on our website: www.cardiffswimming.co.uk

Email electronic entries/enquiries to ccsc.homemeets@gmail.com

Team Manager Lite application and instructions can be downloaded free of charge from www.hy-tek.com/downloads

Electronic entries must be produced from Hy-Tek's Team Manager or Team Manager Lite software.



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Clubs are requested to send all entries with an entry report, completed summary sheet and any poolside applications at the same time with one payment via BACS transfer, (BACS details available upon request) to cover all swimmers and coach passes.

Electronic entries will be acknowledged with receipt confirmation. No entries will be processed until full and complete payment is received.

Entry forms are to be retained by the club. There will be no entry cards for this event. Please ensure that you put adequate postage on posted entries. Envelopes with insufficient postage will not be collected from the Royal Mail depot.

Entries will be rejected for the following reasons:

- ❖ Incorrectly completed or received without the relevant fee
- ❖ Faster than the upper cut off entry times
- ❖ Improved entries
- ❖ Received after the closing date WEDNESDAY 2 FEBRUARY 2022 Time: 20:00

NO LATE ENTRIES WILL BE ACCEPTED | NO ENTRIES ON THE DAY

The Promoter reserves the right to limit entries. In the event that entries are rejected the entry fee will be refunded to club in question.

City of Cardiff Swimming Club reserves the right to return entries if the meet is oversubscribed. In this case, the slowest entry times in each age group will be rejected and swimmers will be scratched at the promoter's discretion.

City of Cardiff Swimming Club reserves the right to cancel the event if the meet is under subscribed. City of Cardiff Swimming Club reserves the right to move events (as a last resort) if the meet is oversubscribed in order to comply with timing requirements set out by Meet Licensing.

On receipt of all entries City of Cardiff Swimming Club will run a competition entry check to ensure all entrants are current members of their club and their details exactly match with the records held on Rankings. Clubs will be notified of any "non-matches" or other issues detected. They must provide updated swimmer information. There is a chance that non-matched swimmers will not have their results added to Rankings who no longer will add any failed results.

ENTRY PRICING CLOSING DATE

£8.25 per event.
WEDNESDAY 2 FEBRUARY 2022 Time: 20:00

SPECTATORS

Subject to Swim Wales & Legacy Leisure Guidance, spectators may be permitted. The spectator fee and further details will be circulated with the confirmed entries. The meet programme will be available to be downloaded.

SEEDING

All events will be spearheaded and swum slow to fast, based on entry times.

WITHDRAWALS

All withdrawals must be notified via email ccsc.homemeets@gmail.com before the commencement of the meet. During the gala all withdrawals must be notified in writing to the meet office by no later than 5:00pm on the day before competition. No refunds will be made for withdrawals after the entry deadline other than on medical grounds. A medical note must be provided on or before 16 April 2022.



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SESSION TIMES

Session timings will be finalised once all entries have been processed and swimmers/clubs will be notified accordingly.

Please note that it is the swimmers` responsibility to present themselves, ready to swim, to the Marshalling Area prior to the start of their event.

STARTS

Over the top starts will be used wherever possible.

ELECTRONICS

Omega electronic timing system with electronic display provided by Swiss Timing.

PROGRAMME OF EVENTS | Warm up & Session Times TBC

SATURDAY SESSION ONE

101 HDW	Male	400m IM
102 HDW	Female	200m Butterfly
103 HDW	Male	200m Backstroke
104 HDW	Female	100m Backstroke
WARM DOWN PERIOD		
105 HDW	Male	50m Freestyle
106 HDW	Female	50m Breaststroke

SUNDAY SESSION FOUR

401 HDW	Female	400m IM
402 HDW	Male	200m Butterfly
403 HDW	Female	200m Backstroke
404 HDW	Male	100m Backstroke
WARM DOWN PERIOD		
405 HDW	Female	50m Freestyle
406 HDW	Male	50m Breaststroke

SATURDAY SESSION TWO

201 HDW	Male	400m Freestyle
202 HDW	Female	200m Breaststroke
203 HDW	Male	100m Butterfly
204 HDW	Female	100m Freestyle
WARM DOWN PERIOD		
205 HDW	Male	50m Backstroke
206 HDW	Female	50m Butterfly

SUNDAY SESSION FIVE

501 HDW	Female	400m Freestyle
502 HDW	Male	200m Breaststroke
503 HDW	Female	100m Butterfly
504 HDW	Male	100m Freestyle
WARM DOWN PERIOD		
505 HDW	Female	50m Backstroke
506 HDW	Male	50m Butterfly

SATURDAY SESSION THREE

301 HDW	Male	800m Freestyle
302 HDW	Female	800m Freestyle
WARM DOWN PERIOD		
303 HDW	Male	200m Freestyle
304 HDW	Female	100m Breaststroke
305 HDW	Male	200m IM

SUNDAY SESSION SIX

601 HDW	Female	1500m Freestyle
602 HDW	Male	1500m Freestyle
WARM DOWN PERIOD		
603 HDW	Female	200m Freestyle
604 HDW	Male	100m Breaststroke
605 HDW	Female	200m IM

The order of events may change if there are still restrictions on numbers permitted in competition pool.

MEET RESULTS

The Meet results will be posted on the City of Cardiff Swimming Club website within 72 hours of the Meet closing. Results will be submitted to British Swimming and Swim Wales for their reference and inclusion in rankings.

A complete electronic copy of the Meet results (Hy-Tek file & PDF) will be sent following the Meet.

POOLSIDE PASSES

Only members affiliated to Swim Wales/Scottish Swimming/Swim England or a member of a FINA affiliated country will be eligible for a coach`s pass. Passes must be purchased in advance of the Meet for all coaches, chaperones, personal care attendants and team managers who require poolside access, who must conform to the Swim England child



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protection procedures.

£15.00 per poolside pass - to be worn at all times to gain access to and whilst on poolside. Para swimmers' personal care attendants will be entitled to one free Pass. A maximum of 5 "Club Staff" will be permitted poolside.

Swim Wales passes may be used for identification; however, a poolside pass must be purchased. Passes will only be issued on receipt of Swim Wales/Swim England registration number, a DBS number and a passport photo.

THERE IS NO ACCESS TO POOLSIDE FOR ANYONE WITHOUT A POOL PASS. PASSES MUST BE PURCHASED IN ADVANCE, NOT ON THE DAY.

CAR PARKING

Car parking places are provided close to the Cardiff International Pool and details will be confirmed in due course.

HEALTH & SAFETY

All swimmers, officials, volunteers, spectators, and visitors are required, at all times, to abide by the rules set out in the Pool Operating Procedures and Normal Operating Procedures & Emergency Action Plan for Cardiff International Pool.

No outdoors shoes to be worn on the poolside. Suitable footwear must be worn outside the pool area (including the balcony area) and particularly when moving around and climbing the steps in the competitors' area.

For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm-ups / swim-downs and / or competition. This includes watches, necklaces, chains, bangles, wrist bands, earrings (except studs), and rings (except wedding bands).

City of Cardiff Swimming Club will not be responsible for any jewellery brought to events and will not be liable if such jewellery is lost or damaged.

The front four rows of the spectator area are reserved for swimmers and coaches only seated in their Clubs. Swimmers are asked not to enter the spectators' area or balcony/foyer whilst they are competing.

If you are unable to execute a competent racing dive do not use the starting blocks at any time during this swim meet. A competent racing dive is defined as in the ASA Competitive start award; each swimmer is required to hold one of these. It is the Coach and/or Team Managers responsibility to ensure that this is the case for all swimmers intending to execute a racing dive.

No swimmer should topple into the water in the event of a false or faulty start - a proper shallow dive must be performed. It is the responsibility of the swimmer and/or parent to declare to the referee any disability or medical condition that could present a health or safety risk.

If such a disability or medical condition exists swimmers must produce a medical certificate confirming that their participation presents no health or safety problems.

CONDUCT

Behavior becomes "unacceptable" when it is considered "offensive" to others; this includes, but is not limited to, the following:

Theft, willful damage to property and or equipment, acts of vandalism, abuse of alcohol and or drugs, bullying, offensive language, aggressive/violent acts, threatening behavior, all breaches of safety practices, failure to comply with instructions/directions, actions that bring the sport of swimming into disrepute.



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Unacceptable behavior will not be tolerated in any circumstances. All such occurrences will be referred to the Meet Director and Referee and could result in removal from the competition.

CAMERA USE

The use of all photographic equipment and mobile phones is controlled at this Meet. NO FLASH photography is permitted. This guidance applies to all images and videos taken on any type of camera or recording device (including mobile phones that have a camera facility/hardware are recognised as a camera or photographic device).

City of Cardiff Swimming Club follow Swim Wales guidance which does not support the banning of phones but does support the requirement that phones should emit a 'noticeable sound' if the camera facility is used. Any photos taken should fall within the Swim Wales guidelines which are contained in the General Meet Conditions under "Events" at www.swimwales.org/key-documents.

The publishing of a photograph of a swimmer under 18, either on a notice board or in a published article or video recording (including video streaming) of the Meet should only be done with parental consent and in line with Swim Wales guidelines.

DATA PROTECTION

Submission of entries implies consent to the holding of any personal data collected and used by City of Cardiff Swimming Club in accordance with the Data Protection Act 1998 and General Data Protection Regulations (GDPR) May 2018.

These details may be made public before, during or after the Meet. All data will be recorded privately, securely stored and disposed of when no longer needed. You have the right to view your personal data & request its deletion under GDPR.

GENERAL

Any point not covered by these rules will be at the discretion of the organisers. Depending upon the situation, the Referee's decision will be final.

APPEALS

Any appeals must be submitted in accordance with FINA procedures and will be handled appropriately by the Meet Director and Referees.

EMERGENCY PROCEDURE

Any evacuation of the Cardiff International Pool will be led by the Legacy Leisure staff over the gala event with no action required other than to follow the instructions of the centre staff.

Suspicious Items If you suspect a suspicious item:

- Do not touch. Try and identify an owner in the immediate area
- If you still think it is suspicious do not feel embarrassed or assume someone has already reported it
- Report it to a member of the centre staff, or if they are not available dial 999 (do not use your mobile phone in the immediate vicinity)
- Move away to a safe distance - Even for a small item such as a briefcase move at least 100m away from the item starting from the centre and moving out.
- Report anyone entering an area they shouldn't be in
- Remain vigilant to any suspicious activity and report to a member of the Centre staff immediately

REMEMBER - IF YOU THINK IT IS SUSPICIOUS SAY SOMETHING



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TIGER BAY OPEN MEET 2022

Cardiff International Pool, Cardiff
19 & 20 March 2022 | LICENCE NUMBER 3WL220039
(Under FINA Technical Rules and Swim Wales Laws)

Coaches/Team Managers/ Chaperone/Pass - Application Form

PLEASE FULLY COMPLETE EACH SECTION EITHER ENCLOSE OR EMAIL JPEG PHOTOGRAPH FOR EACH PERSON		
CLUB:	Swim Wales/Swim England/Scottish Swimming Affiliation No.	DBS Number
Full Name & Position		
1		
2		
3		
4		
5		

Meet Entry Summary Sheet

It is requested that a single payment via BACS is made for the complete club entry

Name of Club		Club Code
Contact Name/email		CLUB BANK info for refund
Address		Bank Sort Code Account No.
TEAM SIZE		
No. Of Individual Entries	@ £8.25 per event	£
No. Of Coaches Passes	@ £15.00 each	£
Total payment made payable to City of Cardiff Swimming Club		£

I declare that only our team members who have reached the standard of the Swim England Competitive Start Award will be permitted to start from the poolside. Those who have not will start in the water. I confirm all the Meet Conditions have been brought to the attention of swimmers, parents/guardians and coaches including the rules regarding photography. I agree to abide by the conditions laid down by the Meet Management for this event.

Club Secretary Signature Date:

This Form must be completed. Entries, payments, supporting reports, and poolside pass applications to be emailed with the Hy-Tek Meet Entry Fee Report and Entry File to ccsc.homemeets@gmail.com or stephen.jones@westernretail.co.uk or can be posted to:

Stephen Jones 18 Nasturtium Way, CARDIFF CF23 8SF
CLOSING DATE: WEDNESDAY 2 FEBRUARY 2022 Time: 20:00



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TIGER BAY OPEN MEET 2022

Cardiff International Pool, Cardiff

19 & 20 March 2022

LICENCE NUMBER 3WL220039

(Under FINA Technical Rules and Swim Wales Laws)

LONG COURSE UPPER CUT OFF TIMES

MALE								
	AGE	9	10	11	12	13	14	15yrs +
50m Freestyle	UCT	42.60	39.00	37.00	34.90	33.00	31.30	29.70
100m Freestyle	UCT	1:38.20	1:24.80	1:18.80	1:13.70	1:09.80	1:06.90	1:04.40
200m Freestyle	UCT	3:23.40	3:03.60	2:51.30	2:40.80	2:32.60	2:25.60	2:20.70
400m Freestyle	UCT	7:22.50	6:26.40	5:56.00	5:38.10	5:21.80	5:07.00	4:57.60
800m Freestyle	UCT				11:47.10	11:12.80	10:42.50	10:21.80
1500m Freestyle	UCT				22:20.50	21:16.60	20:19.00	19:37.10
50m Breaststroke	UCT	56.80	51.60	48.20	44.60	41.80	39.70	37.80
100m Breaststroke	UCT	2:07.70	1:50.70	1:41.50	1:34.70	1:28.80	1:24.60	1:21.40
200m Breaststroke	UCT	4:20.50	3:57.20	3:39.10	3:25.20	3:12.50	3:02.50	2:55.40
50m Butterfly	UCT	48.80	43.50	40.80	38.10	35.90	34.00	32.20
100m Butterfly	UCT	1:49.40	1:35.80	1:27.70	1:21.50	1:16.80	1:12.80	1:09.80
200m Butterfly	UCT	4:03.70	3:32.30	3:12.50	2:59.90	2:49.90	2:40.90	2:34.40
50m Backstroke	UCT	50.30	46.00	43.20	40.50	38.20	36.10	34.50
100m Backstroke	UCT	1:49.80	1:36.90	1:29.80	1:24.10	1:19.20	1:15.00	1:12.20
200m Backstroke	UCT	3:46.70	3:25.80	3:12.00	3:00.70	2:50.30	2:42.30	2:36.00
200m I/M	UCT	3:52.00	3:29.60	3:14.30	3:02.80	2:52.70	2:44.80	2:38.40
400m I/M	UCT				6:26.70	6:06.40	5:49.30	5:36.20

UCT = Upper Cut Off Time

<p>Short Course Times will be converted to Long Course by Hy-Tek Meet Manager Software. The organisers reserve the right to return Entries.</p>
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Cardiff International Pool, Cardiff

19 & 20 March 2022

LICENCE NUMBER 3WL220039

(Under FINA Technical Rules and Swim Wales Laws)

LONG COURSE UPPER CUT OFF TIMES

FEMALE								
	AGE	9	10	11	12	13	14	15yrs +
50m Freestyle	UCT	42.80	39.80	37.30	35.40	34.00	32.90	32.20
100m Freestyle	UCT	1:38.30	1:26.20	1:19.30	1:15.20	1:12.70	1:10.70	1:09.60
200m Freestyle	UCT	3:29.10	3:04.40	2:51.30	2:42.50	2:36.20	2:32.10	2:29.60
400m Freestyle	UCT	7:20.70	6:27.40	5:56.40	5:38.80	5:26.30	5:18.00	5:12.80
800m Freestyle	UCT				11:39.00	11:10.80	10:56.00	10:45.50
1500m Freestyle	UCT				22:25.80	21:30.40	21:00.80	20:43.10
50m Breaststroke	UCT	57.00	51.20	47.80	45.00	43.10	41.50	40.60
100m Breaststroke	UCT	2:08.70	1:50.30	1:41.60	1:35.20	1:30.80	1:28.50	1:27.50
200m Breaststroke	UCT	4:27.30	3:55.50	3:36.60	3:24.90	3:15.50	3:09.50	3:05.80
50m Butterfly	UCT	48.20	44.00	40.70	38.60	36.70	35.70	34.80
100m Butterfly	UCT	1:47.70	1:37.10	1:27.80	1:22.60	1:19.10	1:17.20	1:15.50
200m Butterfly	UCT	3:56.60	3:34.60	3:12.60	3:01.70	2:53.50	2:48.00	2:45.70
50m Backstroke	UCT	50.20	46.00	43.10	40.90	39.40	38.00	37.00
100m Backstroke	UCT	1:52.00	1:37.50	1:29.90	1:24.50	1:21.70	1:19.60	1:17.90
200m Backstroke	UCT	3:52.70	3:26.30	3:11.00	3:00.60	2:54.30	2:49.80	2:45.80
200m I/M	UCT	3:55.20	3:29.60	3:14.30	3:03.30	2:56.80	2:52.30	2:48.90
400m I/M	UCT				6:26.90	6:10.60	6:02.00	5:55.80

UCT = Upper Cut Off Time

**Short Course Times will be converted to Long Course by Hy-Tek Meet Manager Software.
The organisers reserve the right to return Entries.**