



Self-isolation

If you are asked to self-isolate by either NHS Wales TTP Service, your Education Establishment, as part of your household or because you have symptoms relating to the virus please do so for the required period of time identified.

You cannot attend any of our training facilities during this period.

Government Guidance with further explanations is detailed below:

The link to the Governments Self-isolation page is as follows:

<https://gov.wales/self-isolation-stay-home-guidance-households-possible-coronavirus>

Announcement of 10 Day Isolation Period :

<https://gov.wales/coronavirus-self-isolation-and-quarantine-reduced-ten-days-wales>

If you are contacted by the Track, Trace and Protect Wales Service they will offer further advice.