



**SWANSEA AQUATICS
SPRING LONG COURSE OPEN MEET 2020**

**AMENDED EVENT SCHEDULE
SUNDAY 16TH FEBRUARY ONLY**

SUNDAY 16 th FEBRUARY 2020
SESSION 4 – Warm Up 8.00am
18. Male 12 & Over 800m Freestyle
19. Female 12 & Over 1500m Freestyle
20. Male 11 & Over 100m Breaststroke
21. Female 11 & Over 200m Backstroke
SESSION 5 – Warm Up TBC
22. Male 11 & Over 200IM
23. Female 11& Over 100m Freestyle
24. Male 11 & Over 200m Butterfly
25. Female 12 & Over 400IM
26. Male 11 & Over 50m Freestyle
27. Female 11 & Over 50m Butterfly
SESSION 6 – Warm Up TBC
28. Female 11 & Over 100m Butterfly
29. Male 11 & Over 200m Freestyle
30. Female 11 & Over 200m Breaststroke
31. Male 11 & Over 100m Backstroke
32. Female 11 & Over 400m Freestyle
33. Male 11 & Over 50m Breaststroke
34. Female 11 & Over 50m Backstroke